

# HUMAN DEVELOPMENT IN CONTEXT (HDC)

**HDC 205-0 Coming of Age and Growing Old in the 21st Century (1 Unit)** This course introduces students to sociological and life course perspectives on adulthood and aging. It focuses on how sociohistorical context, social location or category, and early life conditions influence individuals' pathways to adulthood and old age.

**HDC 251-0 Special Topics in Human Development in Context (1 Unit)** Foundational work on special topics.

**HDC 262-0 Life 101: Literature and Psychology (1 Unit)** A conversation among disciplines, especially psychology and literary studies. Explores how people tell stories to develop a deeper and more multifaceted understanding of life narrative and human life. SLAVIC 262-0 and HDC 262-0 are taught together; may not receive credit for both. *Ethical and Evaluative Thinking Foundational Disci Ethics Values Distro Area Literature Fine Arts Distro Area Literature and Arts Foundational Discipline*

**HDC 305-0 Identity and Motivation (1 Unit)** Examines the connection between conceptions of the self and goal-oriented motivation, with particular attention to the influence of social, structural, and cultural forces.

**HDC 307-0 Emotional Mysteries (1 Unit)** What is an emotion? What happens in our bodies when an emotion is triggered? How can emotions help us live productive, healthy, and connected lives? And can we ever truly understand what somebody else is feeling? These are some of the mysteries that we will seek to unravel in this course.

**HDC 309-0 Team Dynamics (1 Unit)** In this course, we will explore team dynamics, those forces that influence a team's behavior and performance, and what can enhance or hinder potential for impact. We will analyze the contributors to team functioning and their interrelationships at multiple levels: intrapersonal, interpersonal, group and organizational. Taught with LOC 309-0; may not receive credit for both courses.

**HDC 310-0 The Art and Science of Aging (1 Unit)** What does it feel like to move through the adult years and toward "old age"? How do people's personalities, social relationships, and overall world view change as they grow older? What does psychological and social science have to say about general trends, as well as individual differences, in aging? This discussion-based and writing-intensive seminar is sequentially organized in terms of five cardinal themes: (1) the social/emotional world, (2) generations, (3) memory and the self, (4) loss, and (5) wisdom of the ages.

**HDC 315-0 Identities, Intersections, and Organizations (1 Unit)** Developing a robust understanding of how to identify and deconstruct the dynamic and varying role that identities play in organizations is key to understanding how/why organizations behave, whose needs they serve/who is left out or marginalized, and the possibility of/conditions for change. Combined with HDC 315-0; may not receive credit for both courses. Students may not enroll in they have received credit for HDC 351-0 or LOC 351-0.

**HDC 330-0 Adolescent Stress: Sources and Solutions (1 Unit)** Why are adolescence and early adulthood stressful periods of life? Are they more stressful now than in the past? How do we best define and measure adolescent and young adult stress? This course is an advanced, interactive, undergraduate class in which the instructor and students explore the set of above questions together, through readings, discussions, and through qualitative and quantitative coding and analysis

of datasets on adolescent stress. Prerequisites: (SESP 201-0) and (SESP 210-0 or any 200-level Statistics Equivalent).

**HDC 335-0 The Myths and Facts of Adolescence (1 Unit)** This course delves into the complex and often misunderstood stage of human development, where myths and realities intertwine to shape our understanding of youth while uncovering the scientific truths behind them. This course critically analyzes a broad spectrum of theories, research findings, and real-world applications related to adolescent development.

**HDC 340-0 Building Loving and Lasting Relationships: Marriage 101 (1 Unit)** The intricacies and problems of close, committed, interpersonal relationships, especially marriage. Juniors and Seniors only.

**HDC 347-0 Mapping and Spatial Analysis for Social Issues (1 Unit)** The focus of the course is on using the power of geospatial analysis to identify, understand, and make recommendations about addressing social, racial, and other inequities, including access to healthy food, environmental pollution, policing, etc. Students will learn basic use of the ArcGIS online program to support geospatial analysis. Taught with LOC 347-0; may not receive credit for both courses.

**HDC 351-0 Special Topics in Human Development in Context (1 Unit)** Advanced work on special topics.

**HDC 399-0 Independent Study (1 Unit)** SEE DEPT FOR SECTION AND PERMISSION NUMBERS.